

## **SOURCES FOR ONGOING, CURRENT INFORMATION – MOST IS HEALTH RELATED:**

Help For The “Vaccine” Injured - Many Other Health Related Topics - How To Stay Healthy - The Food Supply – Supplements - and Much More (not all will be “Health” related in the traditional sense).

**SUBSTACK** is my **#1 SOURCE!** (I subscribe to several authors and/or entities; limited access is free – full access is usually \$3 - \$5 per month. You can search any topic or author. I have provided a list of some of my favorite SUBSTACKS. This is the best source for untapped, unknown information to be found anywhere.)

[Following | Substack](#)

### **WORLD COUNCIL FOR HEALTH**

[World Council for Health | Substack](#)

### **INDEPENDENT MEDICAL ALLIANCE**

[Independent Medical Alliance | Substack](#)

### **COURAGEOUS DISCOURSE**

[Courageous Discourse™ with Dr. Peter McCullough & John Leake | Peter A. McCullough, MD, MPH | Substack](#)

### **THE FORGOTTEN SIDE OF MEDICINE**

[\(3\) The Forgotten Side of Medicine | A Midwestern Doctor | Substack](#)

### **MARY TALLEY BOWDEN MD**

[Mary Talley Bowden MD | Substack](#)

### **WMC RESEARCH**

[WMC Research | Walter M Chesnut | Substack](#)

### **STEVE KIRSCH**

[Steve Kirsch | Substack](#)

### **DR. KEVIN STILLWAGON**

[Dr. Kevin Stillwagon | Substack](#)

### **JIM JORDAN REPORT**

[Jim Jordan Report | Rand Paul Review | Substack](#)

### **PIERRE KORY’S MEDICAL MUSINGS**

[\(3\) Pierre Kory’s Medical Musings | Pierre Kory, MD, MPA | Substack](#)

### **SHARYL ATTKISSON**

[Sharyl Attkisson | Substack](#)

### **MERYL NASS**

[Meryl Nass | Substack](#)

## **SOURCES FOR THOSE WHO WANT TO UNDERSTAND THE ILLNESSES & DEATHS CAUSED BY THE COVID-19 “VACCINATIONS”**

**DISCLAIMER:** If you are just wanting potential solutions, ***PLEASE DO NOT USE THESE LINKS!*** Understanding the Truth concerning what has taken place is VERY PAINFUL! For me, this has been necessary to provide potential solutions. However, it has been, and remains, a painful journey. But for those who truly do not believe or understand what has taken place, and will not seek solutions until they have seen a sampling of the evidence – this is for you.

**If you Watch JUST ONE VIDEO – this should be the one to Watch**

[“Professor Breaks Down in Tears Exposing the Devastation Inflicted by COVID Vaccines](#)

**If you Watch a SECOND VIDEO – this should be the one to Watch**

[Athletes Dropping, Record Life Insurance Deaths: On a Clear and Convincing Basis, It's Because of the Vaccines](#)

**MAINSTREAM MEDIA FINALLY REPORTS ON STUDY SHOWING THE INJECTIONS LIKELY FUELED RISE IN EXCESS DEATH**

[‘The Dam Has Broken’: Mainstream Media Reports on Study Showing COVID Vaccines Likely Fueled Rise in Excess Deaths](#)

**THIS WEBSITE IS THE SINGLE MOST POWERFUL COLLECTION OF DATA, RESEARCH, TESTIMONIALS, ETC. – THAT CAN BE FOUND ANYWHERE! (It contains Information and Data that is EXTREMELY PAINFUL!)**

[How Bad is my Batch ?](#)

**One of HUNDREDS of NURSE TESTIMONIALS (Watching this is PAINFUL!)**

[howbadismybatch.com/nurse-interview.mp4](http://howbadismybatch.com/nurse-interview.mp4)

**“SPIKE PROTEIN” was designed to be a “Toxin”**

[SARS-CoV2 Spike protein is a toxin](#)

**“Excess Deaths” / “Excess Mortality” - Dramatic Increase**

[Excess deaths in 2024](#)

**mRNA Fears Confirmed**

[mRNA fears confirmed](#)

**The Toxins & DNA Integrate Into Our Human Genome**

[Bombshell revelation: Covid-19 injections proven to integrate into human genome](#)

**DNA Contaminations in the “Vaccines”**

[FDA Lab with FDA Student Researchers Uncovers Excess DNA Contamination in COVID-19 Vaccines](#)

[FDA study: DNA contamination found in Pfizer vaccines | Sharyl Attkisson](#)

## SOURCES ON DETOXING YOUR BODY

**PRIMARY SOURCE:** Under this website link, you will find documents solely focused on “Detoxing” (the term used for those seeking to rid their bodies of harmful substances, those who need to deal with the harm caused by the COVID-19 “vaccine,” etc.). However, when individuals ask me for one primary source on Detoxification, this is the one; the good done by the WORLD COUNCIL FOR HEALTH is immeasurable.

[Spike Protein Detox Guide - World Council for Health](#)

**SOURCES CONCERNING AUTOPHAGY:** God designed our bodies with a way that they could rid themselves of toxins! This is called AUTOPHAGY. Practicing this absolutely changed my life!

[What Happens If You Don't Eat For 5 Days?](#)

[What Is Autophagy? 8 Amazing Benefits Of Fasting That Will Save Your Life](#)

[Autophagy & Fasting: How Long To Biohack Your Body For Maximum Health? \(GKI\)](#)