

UPDATED HELP FOR 2025-2026: COVID JAB RECOVERY AND MUCH, MUCH MORE

Everyone prefers “short and simple” – but we now live in an increasingly complex environment. **MORE & MORE PEER REVIEWED RESEARCH IS BECOMING AVAILABLE, ALONG WITH UPDATED PROTOCOLS, AS WELL AS TREATMENTS FOR SPECIFIC ISSUES; IT IS CRITICAL THAT WE STAY INFORMED & UP TO DATE.** While my next addition will be a short update of recommended supplements, treatments, lifestyle choices, etc., focused on COVID and SPIKE PROTEIN – we all need to be able to locate the best websites, containing the best information. **But this means that I am giving you a “TOOL.” You must work your way through it in order to find the help that specifically applies to your situation. Also, you may have your eyes opened to the cause of a problem you are facing, along with the help you need. EVERYTHING I WRITE IS DIRECTED TOWARDS SOLUTIONS – HEALTH – HELP & HOPE!**

NOTE: 81% of the population in the United States has received at least one **COVID-19 INJECTION**. Approximately **1/3rd** of the vials contained just **Saline Solution** – **1/3rd** of the vials came from batches identified as being **“Mildly Toxic,”** and the **remainder** of the vials came from batches identified as being **“Extremely Toxic.” (My injection came from the latter category – but I PRAISE GOD FOR DIRECTING ME TO ANSWERS & SOLUTIONS – TO HEALTH, HOPE, & HELP!).** Additionally, current data shows that injections from sources such as **JOHNSON & JOHNSON** (which used **adenovirus vector “vaccines”** and are **not mRNA**) may weather this storm with little or no lasting damage! And again, even among the **PFIZER** and **MODERNA** “jabs,” 33% contained only Saline Solution! Also, there are many variables; those who received an injection in which **correct “aspiration”** took place, are dealing with much less severe and frequent adverse events.

IF YOU WANT TO KNOW WHETHER YOU ARE AT RISK OF DEALING WITH ADVERSE EVENTS, THE EASIEST AND BEST WAY TO DETERMINE THIS IS BY HAVING COVID ANTIBODY BLOODWORK. (“SARS-CoV-2-SEMI-QUANTITATIVE TOTAL ANTIBODY”). **The normal range is >0.8 - >100 U/ml.** The **QUEST DIAGNOSTIC** test tops out at **>2,500 U/ml.** If **over >1,000 U/ml,** beginning a cautionary regiment would be wise. If results are **over >2,500 U/ml,** which is THE MAXIMUM RANGE – detoxifying one’s body and taking other measures is deemed essential! **Anyone who received one of the mRNA jabs will be >2,500 U/ml – even years after being injected;** that is a **heavy SPIKE PROTEIN LOAD.** The new **LABCORP** test tops out at **>25,000 U/ml** (it was created because the majority were exceeding THE QUEST MAXIMUM RANGE.) Many are now seeing results ranging from **>10,000 U/ml to >25,000 U/ml.** Friends, that is a **massive and surreal SPIKE PROTEIN LOAD!** Current studies and data show that those in this range are very unwise if they are not pursuing the ultimate detoxification path, doing everything possible to neutralize & inhibit SPIKE, taking supplements such as Nattokinase to break up clots, building up their immune systems, etc.

There were thousands of VAERS (“Vaccine Adverse Event Reporting System”) reports submitted – in every imaginable category; using the traditional “under-reporting” factor, researchers believe many millions were harmed. Additionally, something has caused an

unprecedented increase in “all-cause” mortality (people dying, especially dying suddenly or dying with such things as rapid “turbo” cancers). Sadly, toward the end of 2024, most of the data was “scrubbed.” (I don’t believe this was accidental.)

Thankfully, the eyes of many are now opened, and they are pursuing a path towards recovery! **I CAN TELL YOU THAT A COUNTLESS NUMBER OF THOSE INJURED OR DISABLED BY COVID, THE COVID JABS, & SPIKE PROTEIN (including myself!) – HAVE RECOVERED FROM CANCER, FATIGUE, VISION PROBLEMS, BLOOD CLOTS, & MUCH MORE! BUT WE MUST FIRST ACKNOWLEDGE THE ORIGIN OF CERTAIN ILLNESSES, ETC. - & THEN PURSUE THE BEST PATH FOR RECOVERY.** Yet, there are many who still don’t connect the dots. If you are still in disbelief, I offer the single website below **(THIS WEBSITE IS CONTINUALLY UPDATED. IT INCLUDES TESTIMONIALS / FIRST-HAND ACCOUNTS, FROM OVER 1,000 DOCTORS & NURSES – MANY OF WHOM HAVE LOST THEIR JOBS, HOMES, ETC. BECAUSE THEY REFUSED TO REMAIN SILENT!)** We must acknowledge what has taken place in order to pursue the right path towards recovery, and to ensure genocidal jabs are made totally illegal! ***SPECIAL NOTE: The website link below is painful to view. The only reason I have included it is because some still cannot accept what has taken place; until one can accept that 81% of the USA population has been “jabbed” – many of whom having received toxic elements – then it is impossible to pursue solutions directly related to challenges that many of us face!***

[How Bad is my Batch - vaccine and drug safety - check adverse effects](#)

(A) RECOVERING FROM DISEASES, ILLNESSES, SYMPTOMS – CAUSED BY THE COVID “VACCINE” AND/OR CAUSED BY HAVING HAD COVID (This Includes Detoxing From Spike Protein & Other Toxins):

RECOVERING FROM COVID “VACCINE” (aka: “THE JAB”) RELATED / CAUSED DISEASES, ILLNESSES, SYMPTOMS, ETC.

[I-RECOVER: Post-Vaccine Treatment - Independent Medical Alliance](#)

RECOVERING FROM COVID “VACCINE” (aka: “THE JAB”) RELATED / CAUSED DISEASES, ILLNESSES, SYMPTOMS, ETC.: A MORE DETAILED PDF VERSION WITH INDEPTH INFORMATION

[I-RECOVER-Post-Vaccine-2024-03-01.pdf](#)

RECOVERING FROM “LONG COVID” RELATED / CAUSED DISEASES, ILLNESSES, SYMPTOMS, ETC. (even if you “think” you never received “THE JAB” – or definitely did not receive it – many who had COVID, are dealing with long-term health issues.)

[I-RECOVER: Long COVID Treatment - Independent Medical Alliance](#)

RECOVERING FROM “LONG COVID” RELATED / CAUSED DISEASES, ILLNESSES, SYMPTOMS, ETC. (even if you “think” you never received “THE JAB” – or definitely did not receive it – many who had COVID, are dealing with long-term health issues.): A MORE DETAILED PDF VERSION WITH INDEPTH INFORMATION

[I-RECOVER-Long-COVID-2024-03-01.pdf](#)

(B) ADDITIONAL RESOURCES THAT CONTAIN A WEALTH OF RESOURCES, INFORMATION, AND HELP:

ONE OF THE – IF NOT THE - #1 RESOURCE WHEN IT COMES TO ANYTHING RELATED TO COVID – BUT IT ADDRESSES MANY OTHER HEALTH ISSUES

[Independent Medical Alliance](#)

NOTE: Within the numerous pages of this website, you will find some amazing resources, answers, etc. I highly recommend this website!

MY #2 RESOURCE WHEN IT COMES TO ANYTHING RELATED TO COVID – BUT IT ADDRESSES MANY OTHER HEALTH ISSUES; IT IS #1 WHEN IT COMES TO ADDRESSING ALL PRIMARY HEALTH THREATS / RISKS IN TODAY’S WORLD

NOTE: Pay special attention to the “NEWS & EVENTS” page – which takes you to “LIVESTREAMS” – “RUMBLE STREAMS” – “SUBSTACK”

[Spike Protein Detox Guide - World Council for Health](#)

MY #3 RESOURCE WHEN IT COMES TO ANYTHING RELATED TO COVID – BUT IT ADDRESSES MANY OTHER HEALTH ISSUES

[The COVID Advisor](#)

CLOSING THOUGHT: PROVERBS 2:6, “For the Lord gives WISDOM; from his mouth come KNOWLEDGE and UNDERSTANDING.” MY FAITH IS IN GOD, MY SAVIOR JESUS CHRIST, & THE HOLY SPIRIT!!! Friends, press on – ask for God’s “WISDOM” ... “KNOWLEDGE and UNDERSTANDING.” HE WILL AMAZE YOU & WILL NEVER FORSAKE YOU!